

Personal

- Surname: Post
- Given name: Arnoud
- Address: J.A.A Thijmstraat 59
- Postal code: 3117 RD
- City: Schiedam
- Country: The Netherlands
- Date and place of birth: September 21st 1979 in Rotterdam, The Netherlands
- Age: 28
- Marital status: Single
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Personal profile

- Entrepreneurial and business driven mindset
- Commercial understanding
- Learning quickly and studying to stay on top of new developments
- Strong analytic and solving ability based on training, knowledge and experience I gathered over the last few years
- Experienced team worker, as well as team leader and business owner
- Can appoint problems at an early stage, keep them under control or advise a mitigating strategy
- Finding it challenging to become engaged in international projects

Education

- Leadership training (The 8th Habit)
Institution: Franklin Covey Institute (Atlanta, VA)
Date: October 2007
- CISO Executive Summit
Institution: MIS Training Institute (San Francisco, CA)
Date: September 2007
- CISSP
Institution: Self learning
Date: May 2007
CISSP ID: 104655
- ArcSight Certified Integrator/Administrator (ACIA)
Institution: ArcSight
Date: February 2007
- ArcSight Certified System Analyst (ACSA)
Institution: ArcSight
Date: February 2007

- Safeboot
Institution: Safeboot
Date: December 2006
- IronPort basics
Institution: IronPort
Date: Augustus 2005
- ISS Siteprotector Introduction
Institution: ISS Brussels (Belgium)
Date: November 2004
- Netscreen basics
Institution: Juniper Networks (The Netherlands)
Date: October 2004
- SANS Track 4c Hacker Techniques, Exploits and Incident Handling
Institution: SANS / GIAC
Date: October 2003
- Cisco Managing Network Security (CI-MCNS)
Institution: Global Knowledge (The Netherlands)
Date: January 2003
- SANS Track 2c Firewalls, Perimeter Protection & VPNs
Institution: SANS / GIAC
Date: November 2002
- ITIL Foundations
Institution: Pink Roccade (in-house ING)
Date: December 2001
- ING ITC OMS/Internet Trainee course
Date: November 2001, December 2001, January 2002
Networking Essentials
Sun Admin A
Windows NT Administering
Tunix TCP/IP
Tunix Web servers
Tunix DNS & Mail
Tunix Security & Firewalls
- Netware 5 Administration
Institution: Broekhuis Professional (The Netherlands)
Date: 2000-2001
- MCSE
School: Broekhuis Professional
Date: 1999-2001
Courses: All needed courses
Certificates: Windows NT Core Technologies
- HBO Shipbuilding
School: Hogeschool Rotterdam & Omstreken
Date: 1998-1999
Diploma: no

Reason: IT was more interesting at the time

- VWO (Nuffic translation available)
School: Luzac College Rotterdam
Date: 1997-1998
Certificate: Math A
- HAVO (Nuffic translation available)
School: Luzac College Rotterdam
Date: 1996-1997
Classes: Dutch, English, Math A, Math B, Physics, Chemistry
Diploma: Yes

Work experience

- Company: Xtreme IT
Date: June 2006 – until now
Function: Consultant/engineer/owner
Function description: Several projects in name of my own company, like building websites, wireless networks, advising on a strategical level, and so on.
- Company: Kahuna Network Solutions B.V.
Department: Consultancy & Projects
Date: December 2006 – May 2007
Function: Pre-sales consultant
Function description: Kahuna is a Managed Security Service Provider. The company delivers several security services like managed firewalls, IDP and so on. I was responsible for Pre-sales. This includes product management for all products and services, presentations to customers, internal tech-sessions, vendor and distributor contact, demo sessions, architectural consultancy and special installations. I was also responsible for product management and development.
- Company: Xtreme IT
Date: November 2006
Function: Consultant/engineer/owner
Function description: Several projects in name of my own company, like building intercontinental VPN tunnels, defining security policies, advising on security strategies, and so on.
- Company: ING Bank N.V. Rotterdam (The Netherlands)
Department: OPS&IT/DCO/G&BS/Security & Compliance/Web Security & Compliance
Date: April 2006 – October 2006
Function: Firewall and Security System- / network-specialist and consultant
Function description: Full firewall, network, intrusion detection and other support on internet related connections. In these environments I use my knowledge of high availability solutions on firewalls and network components, as well as VPN solutions, intrusion detection methods and so on. Apart from this high-level support I was engaged in several special projects, for which I became team

leader. This involved guiding colleagues, checking reviews, policies and evaluating its contents to ensure reliable and safe connections to several systems like mainframes, HP-UX, Wintel and others. These were projects for new environments as well as enhancement projects on existing environments. Several security assignments related to Intrusion management, Compliancy and internal audits and other Security Officer related topics.

On several occasions I was placed in a team leading position.

- Company: ING Bank N.V. Rotterdam (The Netherlands)
Department: OPS&IT/BSD/R/W&CI/SP&SW/Security Enabled Infrastructures
Date: April 2005 – April 2006
Function: Firewall and Security System- / Network Specialist
Function description: Technical and tactical system management for secure environments within The Netherlands. In this function I have designed and built several firewall related environments, focussing on the security part of the design and building the firewalls, intrusion detection and monitoring parts of the project. Most of the designs were based on a SOA. These projects included the responsibility to document reviews, work instructions, operational security guidelines and other documents. Apart from these projects I gave regular high-level support as, and when required.
- Company: ING Bank N.V. Rotterdam (The Netherlands)
Department: ITC/OM/S/IE/FW, now known as
OPS&IT/DCO/G&BS/OM/SRMC/PST
Date: October 2001 – May 2005
Function: System- / Network Specialist
Function description: Operational Firewall system management and process related work (Incident and Problem) My responsibility was analyzing and communicating it between the process supervisors and the team. Apart from this I was a backup supervisor for several processes. I was also responsible for the BCP for our department, this included setting up documents and test procedures.
- Company: Data Square B.V. Schiedam (The Netherlands)
Company profile: IT hardware sales, installation, service and consultancy.
Date: January 2001 – October 2001
Function: System engineer, System consultant
Function description: Server or Desktop installation (Microsoft, Novell or UNIX environments), and troubleshooting. Consultancy for our customers for new hardware or other IT renewals. My main area of interest where security and networking products.

Between 1998 and 2001 I worked for several other companies in an IT related position where I developed my curiosity for Security.

Other activities

- Website design and IT (security) related advise for a fixed set of customers in name of my own company.

Hobby's

- Sailing and rowing
- Mixing music